



COUNCIL OF NEIGHBORHOODS

January 2023 Newsletter

www.meridencona.wordpress.com

Activities in January

Sun 1st: HAPPY NEW YEAR!!

Thurs 5th: North Meriden.....note different meeting place for Jan..... 7pm Mt Hebron Church
City Park

Sun 8th: Three Kings Day Celebration.....See Below..... 1pm-3pm Meriden Library 470 Lewis Ave

Mon 9th: Law Enforcement Appreciation Day.....See Below

Mon 16th: Martin Luther King Jr. Day

Wed 18th Dutch Hill 6:30pm First Baptist Church
ECHO

Lower Eastside

Hillside Gardens

Thurs 19th Action 13 6:30pm Immanuel Lutheran Church

Westsidiers

Lewis Ave

Thurs 26th: South Meriden 6:30pm Tom's Place

Glen Hills

Crown Village

Stage Coach Riders

Meriden Police Dept Tip Lines

If you have any information or tips regarding crime, narcotics, or shootings you can report them anonymously to the Meriden Police Department by either calling or emailing the following:

Major Crime Tips: Telephone (203) 630-6253 Email: mpdtips@meridenct.gov

Narcotic Tips: Telephone (203) 630-6273 Email: mnarcoticsunit@meridenct.gov

Law Enforcement Appreciation Day: Mon Jan 9th

Law Enforcement Appreciation Day will be celebrated on Monday Jan 9th. This is a great opportunity to celebrate all that the Meriden Police Department does for us to keep our neighborhoods safe. As you see our Officers please take a moment and thank them for their service to the city. The Council of Neighborhoods will be setting up a breakfast and supper for the Officers to enjoy on Monday Jan 9th.

Three Kings Day Celebration: Sun Jan 8th 1pm-3pm Meriden Public Library 470 Lewis Ave

Join in on the celebration of Three Kings Day on Jan 8 which includes music, refreshments, and gifts for children ages 8 and younger. The event is sponsored by the Carrero Family. Music is provided by LT Cardona and the Cardona Family! For information about the event please call the Meriden Library (203) 630-4621

City of Meriden: Christmas Tree Pick up

The Meriden Department of Public Works will begin curbside collection of Christmas trees starting January 3. Kindly remove all decorations and lights from the tree and please do not place the tree in a plastic bag. We cannot accept trees in plastic bags or with decorations and lights. Residents may bring their trees to the Transfer Station located on Evansville Ave during normal business hours. The hours are: Monday from 10am to 2pm, Wednesday from 7am to 12pm and the first and third Saturday in January from 7:30 AM to Noon. There is no charge for the disposal of Christmas trees. If you have any question, please contact the Department of Public Works at [203-630-4018](tel:203-630-4018).

Adopt a Fire Hydrant

If there is a fire hydrant near your property please help the fire department by clearing the hydrant and surrounding area of snow. By doing this you can save the fire department valuable time when responding to a fire and ultimately save a life or limit/prevent fire damage to a home.

Meriden City Code: Snow Removal from Sidewalks

As a reminder, as winter weather and storms are approaching per City Code the owner of any premises abutting a sidewalk needs to remove snow from the sidewalk within 12 hours after the storm. Ice needs to be removed within the space of 6hrs thereafter and during the daytime to make the sidewalk safe by removing the ice and covering the sidewalk with sand or a similar product and renew the application as often as may be needed to keep the sidewalk safe. Your cooperation with clearing the sidewalks is greatly appreciated!

Meriden City Parking Lots for snow parking bans:

When a parking ban has been declared the City provides off street parking at:

Columbus Park (Lewis Ave)

Ceppa Field (Gale Ave)

Jack Barry Little League Field (Britannia St)

City Park (Parker Ave/Bunker Ave)

Municipal Lot (East Main St at St Casmir Dr)

79 Miller St (across from the library next to Mr Taco)

116 Cook Ave (across from the old hospital)

CT FoodShare Mobile Pantry

CT Foodshare in collaboration with New Opportunities will be sponsoring a pop up food pantry at the corner of Center St and Miller St starting Thursday December 8th from 1pm-2pm. The pop up food pantry will be scheduled every other Thursday moving forward. Please remember to bring reusable bags or mini carts to carry groceries in.

Meriden Little Free Libraries

As we near the end of another year, Meriden Little Free Libraries is grateful for the community support we have had for not only this past year but in previous years. Reflecting back, we have added a new library at the mall, our 24th one, located in the family eating area of the food court. Additionally, the Center Congressional Church added our 25th Library in honor of one of their members, and it is located at the corner of East Main and Broad Streets. And perhaps what has become our most unique Library is our Little Free Library located at Hubbard Park near the children's playground. We participated in several events this year including National Night Out and Yulefest. And of course, our annual book donation of Tomie DePaola books to his library and all the libraries, with the help of his family and friends. We look forward to these opportunities where we can interact with people who enjoy reading and are willing to share books with the community. We are grateful for the financial support that we received from the Charity Club of Meriden, and the Meriden Rotary Foundation, along with our newest supporter, Trail of Terror. Their support enables us to purchase books and treats for the community to enjoy. We have received generous book donations from Read To Grow and of course, the greater Meriden community. You were the ones who make this program work. We have two new book drop off locations, Gallery 53 located at 53 Colony and Tesoro artisan gift boutique located at 763 Hanover Road. Feel free to drop your books off at either location and will pick them up and distribute them throughout our libraries. A special thank Jessy Hart for all her hard work as our master steward, she has done an amazing job to get us organized the past few years. And we welcome Betsy Lowit and Susan Martel who are actively working to bring us the best opportunities for books and puzzles in Meriden. Thank you to all those who have donated books this past year and have used our Little Free Libraries. What once started as a whimsical idea has morphed into a reality that has far exceeded anything that could have been imagined. Please follow us on Facebook at Meriden Little Free Libraries for news and events. Happy reading in 2023 and beyond!



News from the Meriden Department of Health and Human Services – January 2023

165 Miller Street * 203-630-4226 * www.meridenhealth.com

COVID-19 & Flu (Influenza)

One Visit, Two Vaccines!

Our office continues to offer flu shots and the Moderna COVID-19 booster. To make an appointment please call our clinic at (203) 630-4234.

COVID-19 Vaccination

All of the COVID-19 clinics below are also on the city COVID-19 webpage (Spanish flyers available on the website): <https://www.meridenct.gov/covid-19-information/>

A full list of clinics available in Connecticut can be found at <https://www.vaccines.gov/>. Search by zip code and type of vaccine desired.

Homebound Visits

Are you homebound and in need of a COVID-19 vaccine or booster? Community Health Center is providing homebound vaccinations. You will need to fill out an online form. [CLICK HERE](#) for the form.

Or, call us at (203) 630-4221 and we can fill out the form for you over the phone. Community Health Center will then contact you to schedule the visit.

If you only need a ride to get a COVID-19 shot, you should not complete this form. You should click on this [Transportation Resources](#) link for help finding a ride.

Do You Need More COVID-19 Test Kits?

Our office has a limited amount of iHealth COVID-19 home test kits. Please stop by our lobby Monday-Friday 8:00 AM – 4:30 PM.

Every U.S. household is eligible to order 4 free at-home COVID-19 tests from the government by mail. Visit <https://www.covid.gov/tests> for more information and to place your order.

Some insurance companies and health plans cover the cost of at-home COVID-19 test kits. Contact your insurance company for more information.

Meriden Department of Health and Human Services
El Departamento de Salud y Servicios Humanos de Meriden

Flu and COVID-19 Booster Vaccines
By Appointment Only
Vacunas de Refuerzo Contra la Gripe y el COVID-19
Solo Por Cita

Flu Shots:

- Child doses are FREE for Meriden children 18 and under.
- We accept Medicare, Medicaid, Aetna, Connecticare and Cigna insurances.
- \$20 for self-pay (\$30 for FluBlock), cash or check accepted.

Vacunas Contra La Gripe:

- Las dosis para niños son GRATIS para los niños de Meriden menores de 18 años.
- Aceptamos seguros de Medicare, Medicaid, Aetna, Connecticare y Cigna.
- \$20 por autopago (\$30 por FluBlock), se acepta efectivo o cheque.

COVID-19 Moderna Booster - No Cost:

- Available for those 6 years and older.
- Please bring your vaccine card with you to your appointment.

Refuerzo COVID-19 Moderna - Sin Costo:

- Disponible para mayores de 6 años.
- Por favor traiga su tarjeta de vacunas a su cita.

To make an appointment, please call our clinic at
(203) 630-4234.
Para hacer una cita, llame a nuestra clinica al
(203) 630-4234.



Public Health Education

Virtual Narcan Training

Please join us in partnership with Rushford for our monthly virtual Community Narcan Training! Trainings in 2023 will be offered on:

- January 4, 2023 9:00 – 10:00 AM
- February 1, 2023 5:30 – 6:30 PM
- March 1, 2023 9:00 – 10:00 AM
- April 5, 2023 5:30 – 6:30 PM
- May 2, 2023 9:00 – 10:00 AM
- June 7, 2023 5:30 – 6:30 PM
- July 5, 2023 9:00 – 10:00 AM
- August 2, 2023 5:30 – 6:30 PM
- September 6, 2023 9:00 – 10:00 AM
- October 4, 2023 5:30 – 6:30 PM
- November 1, 2023 9:00 – 10:00 AM
- December 6, 2023 5:30 – 6:30 PM

FREE COMMUNITY NARCAN TRAINING

LEARN WHAT AN OVERDOSE LOOKS LIKE AND HOW TO REVERSE THEM

This group Narcan training is an essential part of overdose prevention education. You will learn:

- Signs & symptoms of an overdose
- What Narcan is and how to administer it
- Good Samaritan Laws
- Local resources and support

FREE Narcan Kit for those who attend

Trainings are FREE and open to all Meriden residents and individuals who work in Meriden.

Staff can also provide a group training for your organization or business, contact Elizabeth or Kelsey for more information.

To register please contact:
Elizabeth DeMerchant
edemerchant@meridentct.gov
Kelsey Ludington
Kelsey.Ludington@hhhealth.org

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YOU NARCAN SAVE LIVES! Hartford HealthCare

Participants will receive a Narcan kit, CPR face shield, medication disposal bag, medication lock box, and more! Please register for this training by emailing Kelsey Ludington at Kelsey.Ludington@hhhealth.org or calling (203) 630-5357 or Elizabeth DeMerchant at edemerchant@meridentct.gov or calling (203) 630-4288.

We can also provide virtual trainings for your organization or business; contact Elizabeth or Kelsey for more information.

Virtual QPR Suicide Prevention Training

Please join us in partnership with Chesprocott Health District for a QPR (Question, Persuade, Refer) Suicide Prevention Training on Friday, January 27, 2023 10:00 – 11:30 AM.

What You'll Learn

- How to recognize the warning signs of a suicide crisis.
- How to question, persuade, and refer someone to help.

Participants will receive a certification as a QPR Gatekeeper upon completing the training.

For more information and to register please contact: Elizabeth DeMerchant, Public Health Educator at edemerchant@meridentct.gov or (203) 630-4288.



FREE Virtual Suicide Prevention Training Opportunity!

Friday, January 27, 2023
10:00 - 11:30 AM
Virtual via Microsoft Teams

What You'll Learn

- How to recognize the warning signs of a suicide crisis.
- How to question, persuade, and refer someone to help.

Participants will receive a certification as a QPR Gatekeeper upon completing the training

For more information and to register please contact:

Elizabeth DeMerchant, Public Health Educator
edemerchant@meridentct.gov

or
Kathryn Glendon, Public Health Specialist
kglendon@chesprocott.org



Youth Services

Youth Mini Grants

Our Youth Services Office is pleased to announce that mini-grants are available for youth-developed and led projects that will benefit the Meriden community.

Up to 20 mini-grants of \$500 are available. The proposal must be written by youth under the advisement of an adult at a recognized organization that serves Meriden. All awarded projects must be completed and a final report submitted by June 3, 2023.

Applications are accepted throughout the 2022-2023 fiscal year until all funds are expended. The application is available for download at www.meridenhealth.com, Youth Services webpage, or by emailing Elizabeth DeMerchant, Public Health Educator, at edemerchant@meridentct.gov. Reports of previously funded projects can be found on the website as well. Please call Elizabeth at (203) 630-4288 with any questions.



