



COUNCIL OF NEIGHBORHOODS

February 2023 Newsletter

www.meridenconna.wordpress.com

Activities in February

Thurs 2nd: North Meriden.....note different meeting place for Feb..... 7pm Mt Hebron Church
City Park

Fri 3rd: National Wear Red Day.....See below

Wed 15th Dutch Hill 6:30pm First Baptist Church
ECHO

Lower Eastside

Hillside Gardens

Thurs 16th Action 13 6:30pm Immanuel Lutheran Church

Westiders

Lewis Ave

Thurs 23rd: South Meriden 6:30pm Tom's Place

Glen Hills

Crown Village

Stage Coach Riders

Meriden Police Dept Tip Lines

If you have any information or tips regarding crime, narcotics, or shootings you can report them anonymously to the Meriden Police Department by either calling or emailing the following:

Major Crime Tips: Telephone (203) 630-6253 Email: mpdtips@meridenct.gov

Narcotic Tips: Telephone (203) 630-6273 Email: mnarcoticsunit@meridenct.gov

National Wear Red Day: Friday February 3rd

Meriden Health Department is encouraging all residents to wear red in celebration of National Wear Red Day Friday February 3rd. Please support the American Heart Association's national movement to raise awareness for heart disease and strokes. The Health Department clinic at 165 Miller St will be offering free blood pressure screenings on Feb 3rd from 8am-9am and 12pm-1pm. Please call the clinic to schedule an appointment at (203) 630-4234.

Shelter and Warming Centers Information

Direct those in need of warming centers or shelters to call Infoline at 211 or visit their website at www.211ct.org for the most up to date list of warming centers and shelters in Connecticut. 211 acts as a clearing house to ensure that shelter is identified for those who need it. State agencies will coordinate with 211 and the Connecticut Coalition to End Homelessness to provide transportation for people seeking shelter.

CT FoodShare Mobile Pantry

CT Foodshare in collaboration with New Opportunities will be sponsoring a pop up food pantry at the corner of Center St and Miller St starting Thursday December 8th from 1pm-2pm. The pop up food pantry will be scheduled every other Thursday moving forward. Please remember to bring reusable bags or mini carts to carry groceries in.

Meriden Park & Recreation: Bulky Waste Curbside Collection Program

Bulky waste curbside pick is available for residents to get rid of unwanted items at their home. The cost is \$40 for 8 items or less. Picks up are on Tuesdays and are by appointment only. Those wanting to utilize this service can view items that can be picked up and sign up for this service on the Park and Recreation website.

Adopt a Fire Hydrant

If there is a fire hydrant near your property please help the fire department by clearing the hydrant and surrounding area of snow. By doing this you can save the fire department valuable time when responding to a fire and ultimately save a life or limit/prevent fire damage to a home.

Meriden City Code: Snow Removal from Sidewalks

As a reminder, as winter weather and storms are approaching per City Code the owner of any premises abutting a sidewalk needs to remove snow from the sidewalk within 12 hours after the storm. Ice needs to be removed within the space of 6hrs thereafter and during the daytime to make the sidewalk safe by removing the ice and covering the sidewalk with sand or a similar product and renew the application as often as may be needed to keep the sidewalk safe. Your cooperation with clearing the sidewalks is greatly appreciated!

Meriden City Parking Lots for snow parking bans:

When a parking ban has been declared the City provides off street parking at:

Columbus Park (Lewis Ave)

Ceppa Field (Gale Ave)

Jack Barry Little League Field (Britannia St)

City Park (Parker Ave/Bunker Ave)

Municipal Lot (East Main St at St Casmir Dr)

79 Miller St (across from the library next to Mr Taco)

116 Cook Ave (across from the old hospital)

Meriden Little Free Libraries: Meriden Little Free Libraries is happy to announce three drop off locations around Meriden for book and puzzle donations. They are: Gallery 53, 53 Colony Street, Tesoro Artisan Gift Boutique and Gallery, 763 Hanover Road and Hancock's Pharmacy, 849 East Main Street. Feel free to drop off your books and puzzles at any one of these locations in the specially marked box and the books and puzzles will find their way to a library or two or more all around Meriden. You can also place books directly into any one of the 25 Little Free Libraries of your choosing and puzzles in the Little Free Puzzle Library located at the children's playground at Hubbard Park. Please place all of the puzzle pieces in a zip bag to ensure no pieces are lost. Thank you for your thoughtfulness and generosity with book and puzzle donations. Feel free to take a book or leave a book, sharing the love of reading while increasing literacy in Meriden and beyond. Please follow us on Facebook at Meriden Little Free Libraries for information and special events.

Daffodil Yarn Bloom

Crocheters and knitters needed for the 2023 Daffodil Yarn Bloom to benefit the Meriden Police Department lobby. It's that time again to make crocheted or knitted daffodils for a community art mural to Make Meriden Bloom. Last year's bloom was very successful so we decided to do it again! Feel free to contact Joanne.grabinski@gmail.com for patterns or create your own to crochet or knit daffodils using natural looking, (yellow, white, cream, pink, peach etc.) preferably acrylic yarn and approximately 6 to 10 inches in diameter. Special thanks to the Meriden Public Library, located at the Meriden Mall, where you can pick up patterns and if needed yarn, and drop off your finished daffodils by April. Gallery 53 located at 53 Colony St. has also generously agreed to be a drop off location. Let's see how many daffodils we can create to brighten up the Daffodil City!



News from the Meriden Department of Health and Human Services – February 2023

165 Miller Street * 203-630-4226 * www.meridenhealth.com

COVID-19 & Influenza (Flu)

Meriden Data and Information

Each Friday, the Department of Health and Human Services issues a report on COVID-19 cases, vaccination rates, and other data for our city. Information and data on influenza is included in the report as well. The most recent report can be found on the City’s website: <https://www.meridenct.gov/covid-19-information/>.

CT Food Share Mobile Pantry

The CT Food Share Mobile Pantry in partnership with New Opportunities of Greater Meriden is in the parking lot on the corner of Center and Miller Streets (next to our building) every other Thursday. The next date will be February 2, 2023 from 1:00 – 2:00 PM.

Public Health Education

Virtual Narcan Training

In 2022, Meriden has lost 28 residents to accidental overdose. YOU can save a life and reverse an opioid overdose by administering Narcan. Please join us in partnership with Rushford for our monthly virtual Community Narcan Training! Trainings in 2023 will be offered on:

- March 1, 2023 9:00 – 10:00 AM
- May 2, 2023 9:00 – 10:00 AM
- July 5, 2023 9:00 – 10:00 AM
- April 5, 2023 5:30 – 6:30 PM
- June 7, 2023 5:30 – 6:30 PM
- August 2, 2023 5:30 – 6:30 PM

Participants will receive a Narcan kit, CPR face shield, medication disposal bag, medication lock box, and more! Please register for this training by emailing Kelsey Ludington at Kelsey.Ludington@hhchealth.org or calling (203) 630-5357 or Elizabeth DeMerchant at edemerchant@meridenct.gov or calling (203) 630-4288.

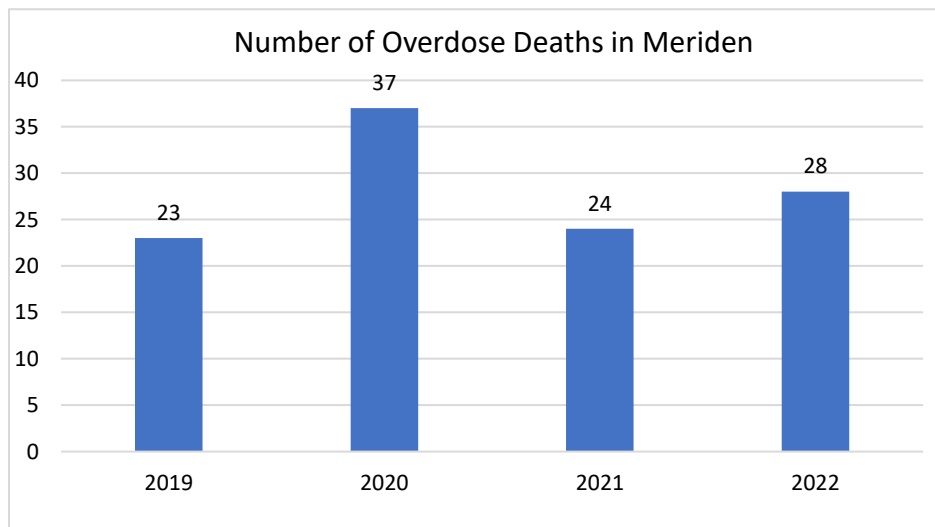
We can also provide virtual trainings for your organization or business; contact Elizabeth or Kelsey for more information.



CT FOOD SHARE MOBILE PANTRY
 IN PARTNERSHIP WITH NEW OPPORTUNITIES INC. OF GREATER MERIDEN
 CORNER OF CENTER AND MILLER STREETS
 165 MILLER ST, MERIDEN, CT
 1:00PM-2:00PM

12/8/22	2/16/23	5/25/23
12/22/22	3/2/23	6/8/23
1/5/23	3/16/23	6/22/23
1/19/23	3/30/23	7/6/23
2/2/23	4/27/23	7/20/23
	5/11/23	

PLEASE BRING REUSABLE GROCERY BAGS AND OR MINI WHEELED GROCERY CART TO TRANSPORT FOOD HOME!
 FOR MORE INFORMATION
ctfoodshare.org | 203-469-5000



National Wear Red Day® Friday February 3, 2023

Please join the City of Meriden in supporting the American Heart Association's national movement to raise awareness for heart disease and stroke by wearing red!

Our clinic (165 Miller Street) will be offering FREE blood pressure screenings on February 3rd from 8:00 – 9:00 AM and 12:00 – 1:00 PM. Please call our clinic at (203) 630-4234 to schedule an appointment.

Youth Services

Youth Mini Grants

Our Youth Services Office continues to offer mini-grants for youth-developed and led projects that will benefit the Meriden community.



The proposal must be written by youth under the advisement of an adult at a recognized organization that serves Meriden. All awarded projects must be completed and a final report submitted by June 3, 2023.

The application is available for download at www.meridenhealth.com, Youth Services webpage, or by emailing Elizabeth DeMerchant, Public Health Educator, at edemerchant@meridencd.gov. Reports of previously funded projects can be found on the website as well. Please call Elizabeth at (203) 630-4288 with any questions.

Environmental Health

Public Act No. 22-49 – An Act Reducing Lead Poisoning

This act lowers the threshold for detecting lead in the blood, and gives our department a greater opportunity to investigate the potential sources of lead. The main source of lead poisoning in children is from lead based paint in homes built prior to 1978. If you have any questions or concerns, please contact Rodney Delgado, Sanitarian at (203) 630-4280.

Meriden Senior Center

Transportation Services

The Meriden Senior Center provides free rides to and from the Center, to in-town medical appointments, and scheduled shopping trips. Rides are available for residents age 55 and over, as well as rides for persons with disabilities under age 55. Please call the Mini-Bus Transportation Office at (203) 237-3338 to learn more.

Nutrition Program

The Meriden Senior Center provides a healthy, nutritious daily meal for Senior Center members age 60 and over. There is a nominal fee for members age 55 to 60. Call (203) 630-4704 to learn more.

Free Tax Assistance - Wednesdays from 9:00 AM —12:00 PM

AARP volunteers affiliated with the national Tax-Aide Program will offer income tax assistance on Wednesdays, beginning February 8th until April 12th, in the Activity Room. Under the direction of Meriden

THE MERIDEN DEPARTMENT OF HEALTH AND HUMAN SERVICES PRESENTS

National Wear Red Day®

Friday, February 3, 2023



Please support the American Heart Association's national movement to raise awareness for heart disease and stroke by wearing red!

Our clinic will be offering **FREE** blood pressure screenings!

February 3, 2023
8:00 - 9:00 AM & 12:00 - 1:00 PM
165 Miller Street

Please call our clinic at (203) 630-4234 to schedule an appointment.



Lead Poisoning Prevention: Upcoming Changes



Protect Your Child from Lead Exposure

Exposure to even small amounts of lead can harm your child. Children younger than 6 years of age are most vulnerable. If you are pregnant or breastfeeding, lead can harm your baby.

Public Act No. 22-49 - An Act Reducing Lead Poisoning
Starting in 2023, the State of Connecticut standards on childhood lead poisoning will strengthen to align with the recommendation from the CDC and American Academy of Pediatrics.

Public Act No. 22-49 lowers the threshold for detecting lead in the blood, and gives the Meriden Health Department a greater opportunity to investigate the potential sources of lead.

Remember:
The main source of lead poisoning in children is from lead based paint in homes built prior to 1978.

If you suspect that your child may be lead poisoned, please contact your child's doctor and ask for them to be tested. If you are concerned about your home/apartment having lead, or if you are a homeowner and would like to discuss potential lead sources, please contact Rodney Delgado, Sanitarian at 203-630-4280.

Tax-Aide Coordinator Rick O'Donnell, trained volunteers will prepare and E-file your federal and state returns for 2022. Appointments can be made by calling (203) 237-0066, you will need to pick up your intake paperwork from the front office for your appointment. Please be sure to be on time for your appointment and to bring a copy of your 2022 income tax return, all income records from 2022, and photo ID.

The Commission on Aging and Disabilities Survey

The Meriden Commission on Aging and Disabilities has launched a new public survey to better understand the local priorities and concerns regarding services available to senior citizens and persons with disabilities.

The survey will enable the City to address local issues faced by these populations and enhance its responsiveness to community priorities.

To take the survey please visit: <https://surveys.zencity.io/meriden/v4aKSy?s=sd>

Meriden Residents: We Want to Hear from You!



The Meriden Commission on Aging and Disabilities has launched a new public survey to better understand the local priorities and concerns regarding services available to senior citizens and persons with disabilities.

The survey will enable the City to address local issues faced by these populations and enhance its responsiveness to community priorities.

To take the survey please visit:
<https://surveys.zencity.io/meriden/v4aKSy?s=sd>

Or scan the QR Code below!



Residentes de Meriden: ¡Queremos Saber de Usted!



La Comisión de Meriden sobre Envejecimiento y Discapacidades ha lanzado una nueva encuesta pública para comprender mejor las prioridades y preocupaciones locales con respecto a los servicios disponibles para las personas mayores y las personas con discapacidades.

La encuesta permitirá a la ciudad a asegurarse de que satisfacen las necesidades de la comunidad.

Para realizar la encuesta, visite:
<https://surveys.zencity.io/meriden/v4aKSy?s=sd>

¡O escanee el código QR a continuación!

